

Clarendon College

PHED 1301

Introduction to Physical Fitness and Sport

Fall 2011

CLARENDON COLLEGE Division of Science & Health

Course Name: PHED 1301 Introduction to Health & Physical Education

Credit Hours: 3

Semester: Fall 2011

Classroom Location: ADMIN 208 11:00 – 11:55 Monday, Wednesday, Friday
ADMIN 103 8:00 – 9:20 Tuesday, Thursday

Instructor: Miklannet Tennial

Office Location: Gym

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Office Hours: 1:00-5:00 M-T

Course Description:

Presentation of the need for physical and psychological basis of movement in physical education and the areas in which it can be pursued. Shows designs for physical education for grades K-12 and outlines how physical education can be pursued.

Statement of Purpose This course is designed to increase the knowledge, understanding, and development of health and physical education leadership qualities in future health and physical educator. The course content is suggested by the American Alliance for Health, Physical Education, Recreation, and Dance, as well as the Framework for Curriculum Development in Health Education and Physical Education K-12.

Required Instructional Materials:

Textbook:

Introduction to Physical Education, Fitness & Sport by Daryl Siedentop

Other Relevant Materials:

Student Requirements

Students are required to complete all coursework and participate in class discussions.

Methods of Instruction

Lecture

Handouts

Group work

Individual demonstration

Discussion

Course Objectives

As a result of this course, you should be able to:

1. Have a basic understanding of the biological, historical, and philosophical foundations of the field.

2. Inform students of current and future trends of AAHPERD.
3. Prepare students to follow and meet the ethical and professional standards in the teaching profession.

Grading Policies:

Tests will be given periodically throughout the semester.

You will receive a grade in this class based on the following; performance on assignments, work ethic, test scores, and commitment.

The final semester grades will be figured as set in the current catalog:

90 to 100 = A 80 to 89 = B 70 to 79 = C 60 to 69 = D Below 59 = F

A student's final grade will be made available through Campus Connect at Clarendon College's website.

Classroom Policies:

You are required to attend every meeting.

Classroom Conduct

Failure to comply with lawful direction of a classroom instructor is a disruption for all students enrolled in the class. Cheating violations include, but are not limited to: (1) obtaining an examination, classroom activity, or laboratory exercise by stealing or collusion; (2) discovering the content of an examination, classroom activity, laboratory exercise, or homework assignment before it is given; (3) using an unauthorized source of information during an examination, classroom activity, laboratory exercise, or homework assignment; (4) entering an office or building to obtain unfair advantage; (5) taking an examination for another person; (6) completing a classroom activity, laboratory exercise, homework assignment, or research paper for another person; (7) altering grade records; (8) using any unauthorized form of electronic communication device during an examination, classroom activity, or laboratory exercise; (9) Plagiarism. Plagiarism is the using, stating, offering, or reporting as one's own, an idea, expression, or production of another person without proper credit.

Disciplinary actions for cheating in a course are at the discretion of the individual instructor. The instructor of that course will file a report with the Dean of Students when a student is caught cheating in the course, whether it be a workforce or academic course. The report shall include the course, instructor, student's name, and the type of cheating involved.

Students who are reported as cheating to the Dean of Students more than once shall be disciplined by the Dean. The Dean will notify all involved parties within fourteen days of any action taken.

American with Disabilities Act Statement: Clarendon College provides reasonable accommodations for persons with temporary or permanent disabilities. Should you require special accommodations, notify the Office of Student Services (806-874-3571 or 800-687- 9737). We will work with you to make whatever accommodations we need to make.

Dropping a Course:

A student who is enrolled in a developmental course for TSI purposes may not drop his/her only developmental course unless the student completely withdraws from the college. A student may drop any other course with a grade of "W" any time after the census date for the semester and on or before the end of the 12th week of a long semester, or on or before the last day to drop a class of a term as designated in the college calendar. The request for permission to drop a course is initiated by the student by procuring a drop form from the Office of Student Services. (Refer to other policies concerning this issue in the current college catalog online.)

Withdrawal: If you decide that you are unable to complete this course or that it will be impossible to complete the course with a passing grade, you may drop the course and receive a "W" on your transcript instead. Withdrawal from a course is a formal procedure that you must initiate. If you do not go through the formal withdrawal procedure, you will receive a grade of "F" on your transcript.

A student is permitted to drop a course if he/she obtains an official drop slip from the office and has the instructor sign the slip before the 12th class week.

Remember, a student is only allowed to drop the same class twice before he/she will be charged triple the tuition amount for taking the class a third time or more. Furthermore, beginning with the

Fall 2007 semester, students in Texas may only drop a total of 6 courses throughout their entire undergraduate career. After the 6, he/she will no longer be able to withdraw from any classes.

Withdrawal from College:

When a student finds it necessary to withdraw from school before the end of the semester, he or she should obtain a withdrawal form from the Office of Student Services. Students may also withdraw from the college by sending a written request for such action to the Registrar's Office. The request must include the student's signature, the student's current address, social security number and course information details. Students who withdraw after the census date for the semester and on or before the end of the 12th week of a long semester, or on or before the last day to drop a class of a term as designated in the college calendar will be assigned a grade of "W."

Tentative Course Schedule/Outline

Final exam on date/time as posted on Final Exam Schedule on Clarendon College website.

Course Outline

Understanding the Context for Lifespan Sport, Fitness, and Physical Education

Sport

Fitness

Physical Education

Building a National Infrastructure to Support Physical Activity and Healthy Lifestyles

Syllabi is subject to change.