

**Clarendon College**

**PHED 1301**

**Introduction to Health & Physical Education**

**Spring 2011**

**CLARENDON COLLEGE Division of Science & Health**

**Course Name:** PHED 1301 Introduction to Health & Physical Education

**Credit Hours:** 3

**Classroom Location:** ADMIN 105 9:00 – 10:00 MWF

**Instructor:** Chris Marks **Office Location:** Gym **Phone:** 806-874-4834 **Email:**

**chris.marks@clarendoncollege.edu** **Office Hours:** 10:30-12:00, 3:00-4:30

**Course Description:**

Presentation of the need for physical and psychological basis of movement in physical education and the areas in which it can be pursued. Shows designs for physical education for grades K-12 and outlines how physical education can be pursued.

**Statement of Purpose** This course is designed to increase the knowledge, understanding, and development of health and physical education leadership qualities in future health and physical educator. The course content is suggested by the American Alliance for Health, Physical Education, Recreation, and Dance, as well as the Framework for Curriculum Development in Health Education and Physical Education K-12.

**Required Instructional Materials:**

**Textbook:**

No Textbook required for this course.

**Other Relevant Materials:**

**Student Requirements**

Students are required to complete all coursework and participate in class discussions.

**Methods of Instruction**

Lecture, Handouts, Group work, Individual demonstration, Discussion

**Course Objectives**

As a result of this course, you should be able to:

1. Have a basic understanding of the biological, historical, and philosophical foundations of the field.
2. Inform students of current and future trends of AAHPERD.
3. Prepare students to follow and meet the ethical and professional standards in the teaching profession.

**Grading Policies:**

Tests will be given periodically throughout the semester.

You will receive a grade in this class based on the following; performance on assignments, work ethic, test scores, and commitment.

The final semester grades will be figured as set in the current catalog:

90 to 100 = A 80 to 89 = B 70 to 79 = C 60 to 69 = D Below 59 = F

A student's final grade will be made available through Campus Connect at Clarendon College's website.

**Classroom Policies:**

You are required to attend every meeting. No phones/IPODS.

**Classroom Conduct**

Failure to comply with lawful direction of a classroom instructor is a disruption for all students enrolled in the class. Disciplinary actions for cheating in a course are at the discretion of the individual instructor. The instructor of that course will file a report with the Dean of Students when a student is caught cheating in the course, whether it be a workforce or academic course. The report shall include the course, instructor, student's name, and the type of cheating involved.

Students who are reported as cheating to the Dean of Students more than once shall be disciplined by the Dean. The Dean will notify all involved parties within fourteen days of any action taken.

**American with Disabilities Act Statement:** Clarendon College provides reasonable accommodations for persons with temporary or permanent disabilities. Should you require special accommodations, notify the Office of Student Services (806-874-3571 or 800-687- 9737). We will work with you to make whatever accommodations we need to make.

**Dropping a Course:**

A student may drop any other course with a grade of "W" any time after the census date for the semester and on or before the end of the 12<sup>th</sup> week of a long semester, or on or before the last day to drop a class of a term as designated in the college calendar. The request for permission to drop a course is initiated by the student by procuring a drop form from the Office of Student Services. (Refer to other policies concerning this issue in the current college catalog online.)

**Withdrawal:** If you decide that you are unable to complete this course or that it will be impossible to complete the course with a passing grade, you may drop the course and receive a "W" on your transcript instead. Withdrawal from a course is a formal procedure that you must initiate. If you do not go through the formal withdrawal procedure, you will receive a grade of "F" on your transcript.

A student is permitted to drop a course if he/she obtains an official drop slip from the office and has the instructor sign the slip before the 12<sup>th</sup> class week.

**Tentative Course Schedule/Outline**

Final exam on date/time as posted on Final Exam Schedule on Clarendon College website.

**Course Outline**

Definition of Physical Education

Benefits of Physical Education

Careers

Elementary Physical Education

Middle School Physical Education

High School Physical Education

Interscholastic Sports

AAU & USA Sports

College Physical Education

College Sports

Recreational Sports

Title IX

Adapted Physical Education

National Standards

Healthy People 2010

*Syllabi is subject to change*