

Clarendon College  
Orientation PSYC 1200  
Spring 2012

Instructor: Jamie Durham  
Title: Enrollment Services Counselor  
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Office Hours: Monday – Thursday 1:00 – 5:00

Course Overview and Description:

This course provides incoming students the opportunity to acquire academic survival skills and to develop critical thinking skills for success in college.

Hybrid Format:

This class is taught in a hybrid format which means that half of the class is online and half is the traditional face to face classroom. Journal entries and quizzes are done online. The classroom time is used for discussion of the week's topic.

Required Course Materials:

You must have a working WebCT log-in. If you have trouble logging in, follow the "Help" directions on the WebCT (Internet Classes) portion of the school website.

Student Learning Outcomes:

Students will:

- Use motivation techniques to persist in college
- Set up an effective study environment based on his or her own learning style
- Describe his or personality type and find majors that match
- Describe how personality type affects decision making and time management
- Identify 20 factors that affect learning style
- Describe how the memory works
- Use exam preparation techniques to adequately prepare for tests
- Understand the importance of preparation for success in college
- Practice note taking systems for a college lecture
- Identify interests using Holland's theory of career interests
- Understand the benefits of a balanced lifestyle (work/study, leisure, social)
- Describe how personality type affects communication style
- Discuss ways to improve relationships
- Increase awareness of addictions to smoking, alcohol and illegal drugs
- Explain the necessity for getting adequate sleep
- Discuss information about stress and practice relaxation exercises
- Discuss the importance of appreciating diversity
- Learn vocabulary for understanding diversity
- Practice techniques for communicating across cultures

Course Credit:

This course is taken for two hours of credit and will need to be repeated if you earn a grade of “F.”

#### Contacting the Instructor:

The preferred and most effective method of communication is through email. My email address is [jamie.durham@clarendoncollege.edu](mailto:jamie.durham@clarendoncollege.edu) or you may email through the course email.

#### Assignments and quizzes:

All assignments and quizzes must be submitted by the due date. Waiting until the last minute to begin an assignment should be avoided. Computer problems, network problems, and personal problems can be fixed in time to get the work in if you begin early. UNEXCUSED ABSENCES will prevent the student from being allowed to make up work. It is the responsibility of the student to request make up work and to notify the instructor through email or a phone call in the event of any absence. Sending a message through a friend is not the same thing as communicating with the instructor.

#### Academic Accommodations:

Academic accommodations are available for students with disabilities. Accommodation forms are available at: <http://clarendoncollege.edu/students/forms.php> and may be submitted at my office in the Student Services Department.

#### Grading Scale:

Myplan.com assessments	30%
Journals	25%
Quizzes	25%
Class Attendance AND Participation	20%

90 – 100 Average	A
80 – 89 Average	B
70 – 79 Average	C
60 – 69 Average	D
Below 60	F

#### Academic Honesty:

All students are expected to maintain integrity in the completion and submission of academic assignments. The college will not condone academic dishonesty (plagiarism or cheating) and students found guilty of academic misconduct are subject to disciplinary action(s).

#### Attendance:

Students are required to attend all classes. Failure to communicate with the instructor regarding any absences will result in an Unexcused Absence. Be on time. If you are more than 10 minutes late, you are absent.

We will discuss many ideas in this class and some of them will be new to you and your classmates. Please express your ideas in a polite manner and do not purposely try to make another student feel that his or her ideas are worthless.

Due Dates:

All journals and quizzes for each chapter must be SUBMITTED no later than 10:00 p.m. according to the following schedule:

Chapter 1	January 29
Chapter 2	February 5
Chapter 3	February 12
Chapter 4	February 19
Chapter 5	February 26
Chapters 6 & 7	March 4
Chapter 8	March 25
Chapter 9	April 1
Chapter 10	April 8
Chapter 11	April 15
Chapter 12	April 22
Chapter 13	April 29
Chapter 14	May 6

The three career assessments at [www.myplan.com](http://www.myplan.com) must be completed and printed by the time you come to class the week of **February 5**. Much of what we discuss in this class will be related to the results of these assessments.

Remember: to receive credit for this course you must earn it.

**There are no shortcuts. You will get the most benefit from this course if you plan ahead and take the work seriously.**