

Clarendon College
PHED 2356
Care & Prevention of Athletic Injuries

CLARENDON COLLEGE

Division of Science & Health

Course Name: PHED 2356 Care & Prevention of Athletic Injuries

Credit Hours: 3

Semester: Spring 2010

Classroom Location: HSFA

Instructor: Chris Marks

Office Location: Bulldog Gym

Phone: 806 8784-4834

Email: chris.marks@clarendoncollege.edu

Fax:

Other:

Office Hours: 10-12:00, 1-4:00

Course Description:

Prevention and care of athletic injuries with emphasis on qualities of a good athletic trainer, avoiding accidents and injuries, recognizing signs and symptoms of specific sports injuries and conditions, immediate and long-term care of injuries, and administration procedures in athletic training.

Statement of Purpose

This class partially satisfies the requirements for the Associate Degree at Clarendon College, provides a foundation in the care for athletic injuries, and is designed for transfer to a senior college.

Required Instructional Materials:

Textbook:

Pfeiffer, Concepts of Athletic Training. Fourth Edition

Other Relevant Materials:

Student Requirements

Students are required to attend all meetings.

Methods of Instruction

Lecture

Handouts

Group work

Individual demonstration

Discussion

Course Objectives

As a result of this course, you should be able to:

1. Exhibit a foundation of understanding in the care of athletic injuries.
2. List and explain the members of the Emergency Team.
3. Understand the legalities/liabilities associated with athletic training.
4. Prepare students to follow and meet the ethical and professional standards in the athletic training profession.

Grading Policies:

There will be periodic tests and assignments given during this course.

You will receive a grade in this class based on the following; attendance, work ethic, and commitment.

The final semester grades will be figured as set in the current catalog:

90 to 100 = A 80 to 89 = B 70 to 79 = C 60 to 69 = D Below 59 = F

A student's final grade will be made available through the student portal at Clarendon College's website.

Classroom Policies:

You are required to attend every meeting. No cell phones, iPods

Classroom Conduct

Failure to comply with lawful direction of a classroom instructor is a disruption for all students enrolled in the class.

Disciplinary actions for cheating in a course are at the discretion of the individual instructor. The instructor of that course will file a report with the Dean of Students when a student is caught cheating in the course, whether it be a workforce or academic course. The report shall include the course, instructor, student's name, and the type of cheating involved.

Students who are reported as cheating to the Dean of Students more than once shall be disciplined by the Dean. The Dean will notify all involved parties within fourteen days of any action taken.

American with Disabilities Act Statement:

Clarendon College provides reasonable accommodations for persons with temporary or permanent disabilities.

Should you require special accommodations, notify the Office of Student Services (806-874-3571 or 800-687-9737). We will work with you to make whatever accommodations we need to make.

Dropping a Course:

A student may drop any other course with a grade of "W" any time after the census date for the semester and on or before the end of the 12th week of a long semester, or on or before the last day to drop a class of a term as designated in the college calendar. The request for permission to drop a course is initiated by the student by procuring a drop form from the Office of Student Services. (Refer to other policies concerning this issue in the current college catalog online.)

Withdrawal: If you decide that you are unable to complete this course or that it will be impossible to complete the course with a passing grade, you may drop the course and receive a "W" on your transcript instead. Withdrawal from a course is a formal procedure that you must initiate. If you do not go through the formal withdrawal procedure, you will receive a grade of "F" on your transcript. A student is permitted to drop a course if he/she obtains an official drop slip from the office and has the instructor sign the slip before the 12th class week.

Remember, a student is only allowed to drop the same class twice before he/she will be charged triple the tuition amount for taking the class a third time or more. Furthermore, beginning with the Fall 2007 semester, students in Texas may only drop a total of 6 courses throughout their entire undergraduate career. After the 6, he/she will no longer be able to withdraw from any classes.

Tentative Course Schedule/Outline

Final exam on date/time as posted on Final Exam Schedule on Clarendon College website.

Course Outline

Concepts of Sports Injury
The Athletic Health Care Team
The Law of Sports Injury
Sports-Injury Prevention
The Psychology of Injury
Nutritional Considerations
Emergency Plan and Initial Injury Evaluation
Injuries to the Head, Neck, and Face
Injuries to Thoracic Through Coccygeal Spine
Injuries to the Shoulder Region
Injuries to the Arm, Wrist, and Hand
Injuries to the Thigh, Leg, and Knee
Injuries to the Lower Leg, Ankle, and Foot
Thermal Injuries