

Clarendon College
Spring 2010
Orientation PSYC 1200

Course Overview & Description:

This course provides incoming students the opportunity to acquire academic survival skills and to develop critical thinking skills for success in college.

Prerequisites:

There are no prerequisites for this course.

Hybrid Format:

This class is taught in a hybrid format which means that half of the class is online and half is in the traditional face to face classroom. The textbook, journal entries and quizzes are done online. The classroom time is used for discussion and classroom exercises designed to apply what you have learned.

Required Course Materials:

The textbook for the course is:

College and Career Success Fourth Edition by Dr. Marsha Fralick will be used in the class.

The textbook is available in the college bookstore.

The ISBN number of the textbook is: 978-0-7575-5341-7

Student Learning Outcomes

Students will:

Motivation

- Use motivation techniques to persist in college
- Set up an effective study environment
- Complete a behavior modification project to establish habits that lead to success
- Keys to Success: Understand the importance of persistence in reaching personal goals

Personality

- Describe their personality types and list majors that match
- Describe their ideal work environment based on personality type
- Describe how personality type affects decision making and time management
- Keys to Success: Use personal strengths in the career exploration process

Learning Style and Intelligence

- Identify 20 factors that affect learning style
- List learning strategies that match their learning style and personality type
- List multiple intelligences
- Keys to Success: Understand how to use personal responsibility to create their success

Memory and Reading

- Describe how the memory works
- Apply memory techniques to college studying and reading
- Apply the SQ4R reading system to college textbooks
- Keys to Success: Use positive thinking about the future

Test Taking

- Use exam preparation techniques to adequately prepare for tests
- Apply techniques to deal with test anxiety
- Use test taking techniques to improve test performance
- Keys to Success: Understand the importance of preparation for success in college, careers and life

Taking Notes, Writing and Speaking

- Apply listening techniques to a college lecture
- Practice note taking systems for a college lecture
- Use preparation, organization, writing, editing and revising (POWER writing) for college writing projects
- Practice some basics of public speaking
- Keys to Success: Apply selectivity in identifying the main points for note listening, note taking, writing and prioritizing

Interests and Values

- Make a list of personal interests and values
- Identify interests using Holland's theory of career interests
- Discuss the concept of a balanced lifestyle (work/study, leisure, social)
- Keys to Success: Practice using values in the decision making process

Career and Education

- Understand generational differences and how they affect the world of work
- Examine career trends of the future and how they affect career choice
- Research a career that matches personality and interests
- Practice the steps in a decision-making process
- Create an educational plan that matches skills, personality, interests and values
- Practice interviewing techniques
- View samples of resumes for college students
- Keys to Success: Explore useful ideas for dealing with unexpected events and crisis situations

Communication and Relationships

- Describe how personality type affects communication style
- Practice effective communication techniques
- Discuss ways to improve relationships
- Keys to Success: Explore ways deal in a positive way with failures and mistakes

Critical and Creative Thinking

- Describe the critical thinking process
- Identify fallacies in reasoning
- Apply critical thinking to problem scenarios
- Describe the creative thinking process
- Apply creative thinking to generate new ideas

Keys to Success: Use humor to deal with difficulties in life

Health

- Use government guidelines to develop a plan for healthy nutrition and exercise
- Increase awareness of addictions to smoking, alcohol and illegal drugs
- Read information about sexually transmitted diseases, including AIDS
- Explain the necessity for getting adequate sleep
- Discuss information about stress and practice relaxation exercises
- List the steps for making positive changes in life
- Keys to Success: Make a plan for increasing longevity

Diversity

- Discuss the importance of appreciating diversity
- Learn vocabulary for understanding diversity
- Practice techniques for communicating across cultures
- Increase understanding of sexual orientation
- Examine the stages of ethical development
- Keys to Success: Appreciate individual differences

The Future

- Examine life stages
- Practice positive thinking
- Make a plan for happiness in life
- Keys to Success: Believe in your success

Course Credit:

This course is take for credit and will need to be repeated if you should go on academic probation or suspension.

Rational For This Course:

This course is required for all students entering the college. Its purpose is to promote academic success, retention and personal enrichment. Courses of this type are required at most colleges throughout the U.S. You will become familiar with our campus and its resources; review study and academic survival skills; get to know each other and bond as a group. Develop “study buddies”, friends to call upon when in need of class notes, etc.

Course Requirements:

When students attend class, participate in discussions, and do the reading, students find the subject matter relatively easy to master. Students are responsible to read all material assigned, be prepared for discussion and have completed all assignments before class. No single test or assignment makes or breaks the students’ final grade. When students work steadily throughout the semester they do well.

How to Contact the Instructor:

You can contact me by e-mail at tex.buckhaults@clarendoncollege.edu

Assignments:

Read the chapters and complete the quizzes, exercises and journal entries for the assigned chapter **before you come to class**. You will be required to read approximately one chapter per week during the regular semester.

How to Log in to the Course:

Go to the college website at www.clarendoncollege.edu click on the icon for Web CT. Use your Web-CT id which is available from the instructor and/or the college library.

Academic Accommodations:

Academic accommodations are available for students with disabilities. Please contact the Dean of Students to make arrangements for appropriate accommodations.

Course Calendar:

Complete the journal entries, activities and quizzes on Web-CT.
Use the textbook to complete the quizzes and submit written assignments.

Grading Scale:

Grading on the curve is not done under any circumstance in this course. Students are gladly given the grade they earn. Students are assigned a grade according to the number of points earned at the conclusion of the course. Therefore, it is possible for students to track their progress throughout the course.

Grades will be assigned on total points accumulated from the following:

Quiz Questions 140 @ 2.5 point each	350 points
Journal Entries 14 @ 25 points	350 points
Final Exam / Project	100 points
Critical Thinking Assessment	100 points
Classroom Exercises and Projects	<u>100 points</u>
	1000 points

Below are the requirements for a "D," "C," "B," and "A."

895-1000	A	[90-100	A]
795- 894	B	[80- 89	B]
695- 794	C	[70- 79	C]
595- 694	D	[60- 69	D]
Below 595	F	[below 60	F]

Academic Honesty:

All students are expected to maintain unwavering integrity in the completion and submission of academic assignments. The college will not condone academic dishonesty (plagiarism or cheating) and students found guilty of academic misconduct are subject to disciplinary action(s).

Attendance:

Students are required to attend all class meetings. If a class meeting is missed, it is the sole responsibility of the students to obtain notes and handouts for another student.

The instructor may drop a student from the course if absences or instances of arriving late for class are determined by the instructor to be excessive.

Class Conduct:

No food or drinks is permitted in the classroom.

Students with pagers and cell phones are requested to have them turned off during class. If an emergency exists requiring these items to remain active during class then notify the Instructor prior to start of class.

Caveat/Disclaimer:

The syllabus, policies, schedule and assignments for this course are subject to change in the event of extenuating circumstances by the instructor.