



CLARENDON COLLEGE

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Since 1898

August 12, 2020

Dear Clarendon College Student,

As you prepare for arrival/return to campus, it is beneficial to have the supplies needed if you become sick with COVID-19.

These supplies are also needed if you are exposed to someone with COVID-19 and are required to quarantine and monitor symptoms for up to 14 days. Please see the following list for suggested items.

1. **Thermometer** (preferably digital)
2. **Disinfectant wipes:** a popular brand is Clorox. Wipe down surfaces such as door handles, commodes, and faucet handles frequently, especially if you have roommates. Don't forget to gently wipe down your phones and keyboards too (unplug first, don't spray cleaners directly onto electronics).
3. **Hand sanitizer:** This should be at least 70% alcohol-based. Use when you do not have access to soap and water.
4. **Facial tissues:** Remember to cough/sneeze into a tissue or your elbow, then dispose of the tissue, and wash hands.
5. **Face masks or cloth facial coverings:** Wear these in public places to protect yourself and others around you.
6. **Clothing:** enough for a 14 day quarantine.
7. **All-purpose household cleaner** such as a can of disinfectant spray.
8. **Over the counter medication for pain relief and fever such as acetaminophen** (Tylenol)
9. **Throat lozenges, Cold/Flu Medication over the counter**
10. **A two-week supply of your prescription medication(s)**
11. **A water bottle** that is easy to fill and can be easily cleaned and re-used.
12. **Food and drink** that is easy to store and easy to digest, especially if you have vomiting or diarrhea. Examples are sports beverage with electrolytes, ginger ale or lemon-lime soda, bottled water, saltine crackers, graham crackers, instant ramen, and canned soup.
13. **Insurance Card** (Picture of front and back stored on your cell phone.)
14. **Extra cell phone charger and laptop charger**

Place items in a duffel bag and leave in your room. If you have to be quarantined, arrangements will be made to get your bag to you.

Sincerely,

Texas Buckhaults
Clarendon College President

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