

Clarendon College
PHED 1306 - First Aid
Fall 2025

Instructor: Brad Vanden Boogaard
Office Location: Instructional Building
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Office Hours: By appointment
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Class meeting time/day: 9:30 am – 10:50 am/TR - Admin 104

Course Description:

Instruction in and practices of first aid techniques.

Purpose:

Instruction and practice for emergency care. Designed to enable students to recognize and avoid hazards within their environment, to render intelligent assistance in case of accident or sudden illness, and to develop skills necessary for the immediate and temporary care of the victim.

Instructional Materials:

Text Material (Not required)

Learning Objectives:

- Critical Thinking Skills: to include creative thinking, innovation, inquiry, analysis, evaluation, and synthesis of information
- Communication Skills: to include effective development, interpretation, and expression of ideas through written, oral, and visual communication.
- Teamwork: to include the ability to consider different points of view and to work effectively with others to support a shared purpose or goal.
- Empirical and Quantitative Skills: to include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions.
- Personal Responsibility: to include the ability to connect choices, actions, and consequences to ethical decision-making.
- Social Responsibility: to include intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.

Student Learning Outcomes:

- Demonstrates knowledge of First Aid.
- Demonstrate correct techniques and mechanics of care.
- Apply general knowledge and interpretations in emergency settings.
- Understand the demands, responsibilities, and roles of caregivers during first aid.
- Demonstrate an appreciation and respect for first aid.

Course Expectations:

- Come prepared for every class.
- Be on time.
- Class attendance.
- Class participation is an important part of your overall grade.
- Take notes.

Class Assessment/Grading:

Assignments, quizzes, tests, observation, participation, and presentation is worth a percentage of your overall grade. This number will produce your midterm/final grades. It is essential to keep up with assignments and turn in your work.

Accommodations Statement:**REQUIREMENTS OF THE AMERICANS WITH DISABILITIES ACT**

In accordance with the Americans with Disabilities Act and Section 504 of the Rehabilitation Act of 1973, any student who feels that he or she may need any special assistance or accommodation because of an impairment or disabling condition should contact the Associate Dean of Enrollment Services at 806-874-4837 or janean.reish@clarendoncollege.edu or visit the Clarendon campus at Clarendon College. It is the policy of Clarendon College to provide reasonable accommodation as required to afford equal educational opportunity. It is the student's responsibility to contact the Associate Dean of Enrollment Services.

Nondiscrimination Policy:

Clarendon College, in accordance with applicable federal and state law, prohibits discrimination, including harassment, on the basis of race, color, national or ethnic origin, religion, sex, disability, age, sexual orientation, or veteran status.

It is the policy of Clarendon College not to discriminate based on gender, age, disability, race, color, religion, marital status, veteran's status, national or ethnic origin, or sexual orientation. Harassment of a student in class, i.e., a pattern of behavior directed against a particular student with the intent of humiliating or intimidating that student, will not be tolerated. The mere expression of one's ideas is not harassment and is fully protected by academic freedom, but personal harassment of individual students is not permitted.

Course Withdrawal:

Students desiring to make schedule changes after their initial registration each semester must do so during the designated "Drop and Add" period as scheduled in the College Catalog. Students will be required to pay tuition and fees applicable to any class(es) added to their schedule.

Official withdrawal from a course is initiated in the Office of the Registrar. However, each student should consult with his/her academic advisor or the Associate Dean of Enrollment before officially withdrawing from a course. A student who stops attending a class without officially dropping it may receive a grade of "F" for that class.

According to Texas state law, a student is only allowed to drop the same class twice before he/she will be charged triple the tuition amount for taking the class a third time or more. Furthermore, beginning with the Fall 2007 semester, students in Texas may only drop a total of 6 courses throughout their entire undergraduate career. After the 6th dropped class, he/she will no longer be able to withdraw from any classes.

STUDENT ACADEMIC INTEGRITY AND CLASSROOM ETHICS:

Clarendon College is committed to a philosophy of honesty and academic integrity. It is the responsibility of all members of the Clarendon College community to maintain academic integrity at Clarendon College by refusing to participate in or tolerate academic dishonesty. Any act of academic dishonesty will be regarded by the faculty and administration as a serious offense. Academic dishonesty violations include, but are not limited to:

1. obtaining an examination, classroom activity, or laboratory exercise by stealing or collusion;
2. discovering the content of an examination, classroom activity, laboratory exercise, or homework assignment before it is given;

3. observing the work of another during an examination or providing answers to another during the course of an examination;
4. using an unauthorized source of information during an examination, classroom activity, laboratory exercise, or homework assignment;
5. entering an office, classroom, laboratory, or building to obtain an unfair advantage;
6. taking an examination for another person;
7. completing a classroom activity, laboratory exercise, homework assignment, or research paper for another person;
8. altering grade records;
9. using any unauthorized form of an electronic communication device during an examination, classroom activity, or laboratory activity; and/or,
10. plagiarism. (Plagiarism is defined as the using, stating, offering, or reporting as one's own an idea, expression, or production of another person's work without proper credit. This includes, but is not limited to, turning in a paper purchased or acquired from any source, written by someone other than the student claiming credit, or stolen from another student.)

Students are responsible for reporting known acts of academic dishonesty to a faculty member, the program coordinator, the vice president, and/or dean. Any student with knowledge of a violation who fails to report it shall him/herself be in violation and shall be considered to have committed an act of academic dishonesty.

While academic integrity and honesty are the responsibility of the individual student, each individual faculty member, teaching assistant, and/or laboratory instructor is responsible for classroom management and for maintaining ethical behavior within the classroom and/or laboratory. Faculty who discover or suspect a violation should discuss the matter with the suspected violator(s) and attempt to resolve the case at that point. In cases of convincing evidence, the faculty member should take appropriate action. The faculty member and student should complete a Counseling Sheet regarding the violation. (The Counseling Sheet should contain at a minimum the date and time of the violation, the course, the instructor's name, the student's name, an explanation of the infraction or facts of the case, and the resolution to the incident.) This form should be signed by the student, faculty member, program coordinator, and the Vice President of Academic Affairs. The Vice President of Academic Affairs will maintain a file on all violations. If a faculty member prefers to report the case directly to Vice President of Academic Affairs, it remains his/her prerogative to do so. Additionally, if the faculty member and the accused student cannot reach a resolution or if the faculty member believes that suspension from school is the only fair sanction, the case should immediately be reported, by the faculty member, in writing, to the Vice President of Academic Affairs. If the Vice President of Academic Affairs observes any trends in student behavior which involve more than one violation or act of academic dishonesty, the Vice President of Academic Affairs is responsible for notifying all faculty members involved, for contacting the student(s) involved, and after consultation with the faculty member(s) involved for taking the appropriate action. The Vice President of Academic Affairs is responsible for the timely notification (normally within two weeks) to all parties of an action taken.

Students wishing to appeal a disciplinary decision involving academic integrity or acts of academic dishonesty may do so through the Student Appeals and Grievance Procedure.

Grades:

A = 100-90 B = 89-80 C = 79-70 D = 69-60 F = 59-below

Tentative Course Schedule:

The course schedule is subject to change.

Date:	To be completed:
Week 1	Intro and Syllabus
	Introduction to First Aid
Week 2	Documentation and legal considerations
	Assessing the scene, Guidelines for giving care, Review
Week 3	Exam #1
	Getting Medical Help
Week 4	Bleeding, Wounds
	Sudden Illness and Poisoning, Substance abuse/misuse
Week 5	Poisonous animals, bites, and stings
	Allergic reactions
Week 6	Heat and Cold-Related Injuries
	Burns
Week 7	Review
	Exam #2
Week 8	Household safety and building a first aid kit
	Disaster survival, Fire Prevention, and survival
Week 9	Holiday survival
	Respiratory Emergencies, Choking
Week 10	Rescue Breathing/ Review
	Exam # 3
Week 11	Cardiac Emergencies
	CPR
Week 12	Pediatric Life Support
	Pediatric Life Support
Week 13	AED, CPR, Seizures
	Backboard techniques and splinting
Week 14	NO CLASS Thanksgiving
Week 15	Final Review
Week 16	Finals Week